



VAGINAL DRYNESS? NOT A TABOO SUBJECT FOR US ANYMORE!

Many women experience symptoms and discomfort during menopause even though a simple solution is available. Unfortunately it's a subject you generally don't talk about.

**Consult your doctor.
He / she can help you.**

MonaLisa Touch[®]



Vaginal
discomfort
is still
a taboo?

Menopause is often treated like a chronic illness, and the associated symptoms are often considered the inevitable result of a physical functional disorder. However, menopause is actually a natural development phase that can also lead to symptoms requiring treatment.

Vaginal atrophy is primarily caused by a lack of oestrogen. Its symptom is also referred to using the term vaginal dryness: The vaginal mucosa becomes thinner, more vulnerable, loses elasticity, and produces less moisture. The pH value changes and the natural defences weaken, with the corresponding consequences. Infections and pain are a daily occurrence. Many women suffer in silence out of shame.

Do you suffer from vaginal atrophy?

The following symptoms indicate vaginal atrophy:

- Vaginal dryness
- Pain and bleeding during sexual intercourse
- Vaginal burning and itching

Other occasional symptoms include:

- Unpleasant vaginal discharge
- Recurring bladder infections
- Frequent urge to urinate

If these symptoms remain untreated, they can have negative consequences on your sex life, your quality of life, and your relationship to your partner.



With
MonaLisa
Touch®, you
will regain
your
femininity.

MonaLisa Touch® is a new laser treatment without the disadvantages of hormones. It is therefore also suitable for women who cannot take female hormones.

A long-lasting alternative to ointments, creams, tablets, and bandages.

The safe, painless, and minimally invasive method for treating the vaginal walls with the fractionated laser leads to the reactivation of the metabolism and stimulates collagen production, which enables a return to normal moisture levels and elasticity. The vaginal mucosa regenerates and produces more moisture again.

**Are there side effects?
How many sessions are required?**

Treatment with **MonaLisa Touch®** is simple and is similar to a gynaecological examination. It is an out-patient procedure performed in the practice and without anaesthesia, since the vagina is insensitive to pain. A total of 3 - 4 sessions is adequate. After that, the procedure is repeated annually. The unique treatment can be integrated into the annual medical check-up, for example.

MonaLisa Touch® changes the life of women of all ages.

MonaLisa Touch® is the suitable form of treatment for vaginal atrophy as well as for other conditions and symptoms such as:

- Minor urinary incontinence
- Lax vaginal tissue
- An irregular menstrual cycle



Maintain the quality of your relationship.

Vaginal atrophy leads to a lack of nutrients as well as to a reduction of elastic fibres and collagen in the vaginal mucosa. This can lead to discomfort.

Talk to your doctor openly about your problem.

Your doctor is a qualified contact when it comes to talking openly and confidently about this problem. He / she can answer your questions and find the best therapy for your health and your well-being.

More information:
www.monalisatouch.com

Practice stamp: